

Dear Friends in Karate,

The Saskatoon Sport Karate and Competition Dojo (SSKCD) would like to welcome you to attend our dual Shintani Wado Kai tournament and WKF Open tournament to be held April 6 & 7, 2019. With the true spirit of Karate in mind these events will be a dynamic display of sportsmanship, competition, friendship and respect for all.

1. Saturday's tournament will be hosted by our Shintani Wado Kai friends of Living Skies Wado Kai

Date: Saturday April 6th

Location: Traditions Elementary School – 401 Traditions Boulevard, Warman SK

Tournament style: Shintani Wado Kai style

Register at: www.shintani.ca

Payment: through website registration

2. Sunday will be hosted by our Saskatoon Sport Karate and Competition Dojo and is an open tournament (all styles WKF Rules).

Date: Sunday April 7th

Location: Saskatoon Inn – 2002 Airport Drive, Saskatoon SK

Tournament style: Open Tournament WKF competition Format

Register at saskopen2019.ca

Payment: through website registration

The Sunday competition is open to all styles, ages, and levels of Karate. There will be divisions in individual kata, individual kumite, team kata, and our popular no contact 4-6 year old flag kumite division.

Please find attached [SSKCD WKF Open 2019 Tournament Package](#). We ask all competitors ensure they fill out the registration forms available in fillable pdf on the website and read the [WKF Rules](#). ***The application deadline is Sunday March 31st, 2019.***

Payments can be made:

- **via e-transfer to** saskopen2019@gmail.com,
- **or mail cheque to:**
SSKCD Open Tournament Director
C/O Stephen Carruthers
1736 Avenue F North
Saskatoon, SK S7L 1Y3
- **You can alternately drop off cheques:** at the SSKCD Tuesday class at St. Michael's.
NO PAYMENT ACCEPTED AT SHOTOKAN KARATE YXE's Dojos!!

If you have any questions, please contact our tournament directors at saskopen2019@gmail.com
We look forward to seeing you there.

Stephen Carruthers & Brad Berrns
Tournament Directors

SSKCD WKF Open 2019 Tournament Package

- Saturday, January 6, 2018** we are pleased to have Marc Ward, Karate Canada Director from Calgary (Shotokan Godan) host a karate workshop open to members green belt and up from 2-5pm at the Saskatoon Inn.
- Sunday, January 7, 2018** Saskatoon Inn and Convention Centre
202 Airport Drive, Saskatoon.
Doors open at 8:30 a.m. Tournament begins at 9:00 a.m. sharp
- Tournament Fees:** \$25.00 for Seminar, \$35.00 for tournament OR \$50.00 for both
- Food and Beverages:** Lunch Sandwich and Salad Buffet tickets available for purchase in the tournament package. Extra tickets can be purchased for family, friends, coaches or chaperones but must be purchased in advance. Lunch tickets can be ordered in the Tournament Package.
Lunch menu: \$15.00/person
- Gourmet Sandwiches and Wraps
 - Assorted Salads
 - Assorted Juice, coffee and tea
- There is restaurant on site as well, however, lunch break will be short to ensure our tournament remains on schedule.
- Tournament Hotel:** Saskatoon Inn and Convention Centre
202 Airport Drive Saskatoon, SK
1-800-667-8789 or 306-244-5672
www.saskatooninn.com
online booking code: Karate
Rate: \$119.00 per night plus tax
Refer to Group Reservation Code: "Karate"
- Parking:** Free on-site parking
- Volunteers:** Volunteers are an essential part of making this event a success. If you would like to volunteer, please fill out the [Volunteer Form available on the website](#) and we will contact you with more information. *We require set up and tear down volunteers. Please contact the Tournament Directors*
- Officials/Referees:** While there is a core group of officials assigned to this event, we welcome volunteers. Please fill out the [Volunteer Form available on the website](#) and we will contact you

Divisions:

Individual events will be grouped by belt rank as close as possible based on athlete numbers at the discretion of the tournament committee.

Kata Individual Female and Male: 4 to 6 years of age
7 to 10 years of age
11 to 14 years of age
15 to 17 years of age
18 and over years of age
Masters 35+

Team Kata Female and Male: 7 to 14 years of age
15 and over

Group of 3(or more) competitors, same or mixed gender. Accepted categories: white to purple belts, brown to black belts). Mixing of ages in categories permitted.

Kumite Individual Female & Male: 4 to 6 years of age Flag Kumite
7 to 10 years of age
11 to 14 years of age
15 to 17 years of age
18 and over years of age
Masters 35+ years of age

**SSKCD Tournament Committee reserves the right to make changes to any divisions as necessary.*

Liability Waiver forms: Each competitor must submit a completed **Liability Waiver Form available on the website** in order to be eligible to take part in the **SSKCD WKF Open 2019 Tournament**

Clarifications and Amendments to WKF Rules for the 2019 SSKCD Open Tournament

Article 1 – Kumite Competition Area

- 1.1 The mats will be 1m x 1m, 1 inch thick, interlocking, and need not be WKF approved.
- 1.2 Ring sizes are 10 x 10 as set out in WKF Rules – BUT this size is a guideline and dimensions may differ upon the discretion of the tournament committee.

Article 2 – Official Dress

- 2.2 Gi emblems
All athletes will wear a standard karate gi with reasonable emblems and markings. Sponsors, advertising and stripes on gi are acceptable.
- 2.4 Body Protector / Chest Protector
The use of WKF style body protectors and chest protector is recommended but optional.
- 2.5 Face Masks
The use of facemasks is prohibited.
- 2.6 Glasses
To ensure the safety of the competitors, regular glasses are not allowed during kumite bouts. Only Athletic Safety eyewear approved by Tournament Committee will be permitted during kumite bouts. Regular glasses may be worn during kata competition.
- 2.7 Groin protection is **mandatory** for all male kumite competitors 11 years of age and up.
- 2.8 Gum shield is **compulsory** for kumite competitors **at all levels** except flag kumite competition.
- 2.9 Gloves / fist protectors must be foam filled and vinyl covered WKF style. Cloth or leather gloves are not permitted.
- 2.10 The use of WKF style shin/instep pads is **mandatory** for competitors ages 15 and up and optional for ages 14 and under. Chest protector optional for all ages.
- 2.11 Religious Head Covering
Competitors may wear religious head coverings if approved by Karate Canada Guidelines. A letter of request must be signed by the competitor or their parent/guardian if the competitor is younger than 18 years of age and submitted by the tournament registration deadline.

Article 3 - Organization of Kumite and Kata Competitions

- 3.1 Competition divisions, draws and elimination systems (e.g. single, double) will be determined by the Tournament Directors. All efforts will be made for modified double elimination where time permits
- 3.2 There is no limit to the number of competitors per dojo.
- 3.3 Brown and black belt kata division cannot repeat a previously performed kata, except during medal rounds where a kata from a previous round may be repeated.
- 3.4 Green and purple belts must alternate between at least 2 katas, one in each alternate round, but may repeat a previously performed kata during medal rounds.
- 3.5 White, Yellow and orange belts may repeat the same kata in each round.
- 3.6 Based on registrations and at the discretion of the Tournament Committee, Kata competitors under the age of 10 years will perform their kata at the same time. Ages 11 years and up will perform individually.
- 3.7 **Duration of kumite matches for competitors:**

Kyu ranks will be 1 minute and 30 seconds (1:30 running time); In the event of penalties or delays the referee will stop the clock. Brown, Black and Master kumite matches will be 2 minutes (stop time). Senshu (first point) shall be in effect for kumite matches
- 3.8 Legal and controlled take-downs will be allowed for competitors 11 years and up.

Article 8 - Prohibited behaviour

- 8.1 Prohibited take down
Kani waza (scissor takedown) is considered a dangerous takedown and is prohibited.
- 8.2 Disruptive / Disrespectful coaches and team members
The members of the Officials Committee and Referee Panel are empowered by the rules to impose appropriate penalties upon athletes to control disruptive and disrespectful behaviour of coaches and team members, or delegations.
- 8.3 Other than the amendments listed above, [WKF rules](#) are in effect.

RELEASE OF LIABILITY, WAIVER OF CLAIMS AND INDEMNITY AGREEMENT

This is a binding legal agreement. As a Participant in the programs, activities and events of the SSKCD 2019 Open Tournament, the undersigned acknowledges and agrees to the following terms:

Disclaimer

1. Saskatoon Sport Karate and Competition Dojo, hereby referred to as 'SSKCD' and its respective directors, officers, members, employees, coaches, volunteers, officials, participants, agents, owners/operators of facilities, and representatives (collectively the "Organization") are not responsible for any injury, damage or loss of any kind suffered by a Participant during the sport of Karate, or as a result of, any competition, program, activity or event, caused in any manner whatsoever including, but not limited to, the negligence of the Organization and SSKCD 2019 Open Tournament.

Description of Risks

2. In consideration of my participation in the programs, activities and events of the Organization, I hereby acknowledge that I am aware of the risks and hazards associated with or related to any such competitions, programs, activities and events. The risk and hazards include, but are not limited to, injuries from:
 - a) Physical contact with other participants
 - b) Striking participants and objects with parts of the body
 - c) Contact, colliding or being struck by other participants
 - d) Tumbling, falling, or being thrown to the floor
 - e) Executing strenuous and demanding physical techniques
 - f) Vigorous physical exertion, strenuous cardiovascular workouts, rapid movements and quick turns and stops
 - g) Exerting and stretching various muscle groups
 - h) Falls due to uneven or irregular surfaces
 - i) Failure to properly use any piece of equipment or from the mechanical failure of any piece of equipment
 - j) Spinal cord injuries which may render me permanently paralyzed
 - k) Travel to and from competitive events and associated non-competitive events which are an integral part of the Organization's activities.
3. Furthermore, I am aware:
 - a) That injuries sustained can be severe
 - b) That I may experience anxiety while challenging myself during the competition, activities, events and programs
 - c) That my risk of injury is reduced if I follow all rules established for participation; and
 - d) That my risk of injury increases as I become fatigued.

Release of Liability

4. In consideration of the Organization allowing me to participate, I agree:
 - a) That my physical condition has been verified by a medical doctor
 - b) To assume all risks arising out of, associated with or related to my participation
 - c) To be solely responsible for any injury, loss or damage that I might sustain while participating; and
 - d) To release the Organization from liability for any and all claims, demands actions and costs that might arise out of my participating, even though such risks, injuries, loss, damage, claims, demands, actions, or costs may have been caused by the negligence of the Organization.

Acknowledgement

I acknowledge that I have read this agreement, that I have executed this agreement voluntarily, and that this agreement is to be binding upon myself, my heirs, executors, administrators and representatives.

I Agree to the Liability Waiver

Printed Name of Parent/Guardian or Athlete above age of 18

Date

The SSKCD 2019 Open Tournament

ENTRY FORM

The SSKCD 2019 Open Tournament
 will be held on Sunday April 7th,2019
 Registration fees: \$35.00/Person for Kata and/or Kumite
 e-Transfer to: saskopen2019@gmail.com OR Cheque payable to: SSKCD
DEADLINE: Sunday, March 31, 2019

First Name		Last Name	
Address			
City		Province	
Postal Code		Phone No.	
Age		Gender	
Rank		Weight (kg)	
Club		Instructor	

Indicate Your Division:

Division	Kata Individual	Kumite Individual
4-6 years(flag kumite)	<input type="checkbox"/>	<input type="checkbox"/>
7 to 10 years	<input type="checkbox"/>	<input type="checkbox"/>
11 to 14 years	<input type="checkbox"/>	<input type="checkbox"/>
15 to 17 years	<input type="checkbox"/>	<input type="checkbox"/>
18 years & up	<input type="checkbox"/>	<input type="checkbox"/>
Masters 35+	<input type="checkbox"/>	<input type="checkbox"/>

Division	Kata Team
White to Purple	<input type="checkbox"/>
Brown to Black	<input type="checkbox"/>

If you are participating in Team Kata, please list the names of your team members:

Team Kata Names:

1. _____
2. _____
3. _____
4. _____

I, the undersigned, hereby waive all claims against all person connected with SSKCD 2019 Provincial Open Tournament for any injuries sustained during my taking part in the tournament. I hereby agree to give SSKCD the rights to publish my name, photographs, and video recordings for promotional or marketing purposes.

Date

Competitor's signature (if under 18 – parent or guardian)

The SSKCD 2019 Karate Workshop with Marc Ward

<p>The SSKCD 2019 Karate Workshop will be held on Saturday April 6th, 2019 Registration fees: \$25.00/Person e-Transfer to: saskopen2019@gmail.com OR Cheque payable to: SSKCD DEADLINE: Sunday, March 31, 2019</p>			
First Name		Last Name	
Address			
City		Province	
Postal Code		Phone No.	
Age		Gender	
Rank			
Club		Instructor	

Date

Competitor's signature (if under 18 – parent or guardian)

PAYMENT OPTIONS:

Option	Qty	Price	Sub Total
Seminar only			
Tournament only			
Seminar and Tournament			
	Quantity	@\$15.00/ticket	
Lunch tickets			
TOTAL COST			

E-Transfer to: saskopen2019@gmail.com OR Cheque payable to: SSKCD

DEADLINE: Sunday, March 31, 2019

Lunch Order Form

Lunch will be available for athletes, friends of athletes, parents and spectators but must be pre-purchased and payment included with registration. Tickets will be picked up at the tournament at the check in/registration table.

Lunch menu: \$15.00/person

- Gourmet Sandwiches and Wraps
- Salads
- Assorted Juice, coffee and tea

There is restaurant on site as well, however, lunch break will be short to ensure our tournament remains on schedule.

DEADLINE: Sunday March 31, 2019

Name of Purchaser: _____
(please print)

Number of Tickets: _____ * \$15.00/ticket = \$ _____

Please include payment with Tournament Registration.

SSKCD 2019 PROVINCIAL OPEN TOURNAMENT VOLUNTEER FORM

Volunteer's Name: _____

Email: (required): _____

Contact number: _____ Text: ____ Yes ____ No

Mailing address: _____

City: _____ Province: _____ Postal Code: _____

Please check option(s) below: *(scorekeepers will be provided pre-training)*

- Scorekeeper Timekeeper Official/Referee
- Registration Ring Assistant (Marshalling)

Volunteers are encouraged to be available all day

Save and email completed form to: saskopen2019@gmail.com

Thank you for helping to make this event a success!